



Department of Veterans Affairs

Diabetes: Pearls for Practice/Annual Update

HELPING PATIENTS ACHIEVE
A BALANCE



Presented by the
James A. Haley VA Hospital
This educational activity is jointly sponsored by the
West Palm Beach VA Medical Center
Thursday and Friday,
May 6 & 7, 2004

Embassy Suites USF
3705 Spectrum Boulevard
Tampa, FL 33612
813-977-7066

PURPOSE: To increase awareness of appropriate management of patients with diabetes and metabolic syndrome in clinical practice settings.

Experts in this field will identify strategies that will assist health care professionals to best provide optimal care for patients with diabetes.

TARGET AUDIENCE: Advanced Registered Nurse Practitioners, Physicians, Physician Assistants, Pharmacists, Dietitians, Social Workers, Mental Health Care Professionals, Registered Nurses, and Certified Diabetes Educators.

Participants will complete participant satisfaction and faculty evaluation forms at the end of the program. These forms are to be returned to the course coordinator

The two-day program must be attended in its entirety to receive a certificate of continuing education.

Planning Committee:

Susan Aldridge, M.Ed., Program Manager
Douglas Covey, Pharm.D., FCCP, MHA
Philip Foulis, MD, MPH
Annette Harrington, LCSW
Connie Malik, MA, RD, LD/N, CDE
Eugene McColgan, PT, CCS
Jackie Milch, ARNP, CS, CDE, Activity Coordinator
Kim Mowrey, Pharm.D, Program Planner
Rosalie Parrillo, MSN
Paul Sink, RN, M.Ed.
David Vesely, MD, Ph.D, FACP, FACE: Activity Director

Organized by: James A. Haley Diabetes Service

Partial List of Supporting Organizations:

Aventis Pharmaceuticals
Mini-Med
Novo-Nordisk
Lifescan
Ortho-McNeil
Merck
Becton-Dickinson
Lilly
B Glaxo SmithKline
Pfizer
Novartis
Wyeth Pharmaceuticals
Bristol-Meyers Squibb

Objectives:

At the conclusion of this program, the participant will:

1. Describe the pathophysiology of pre-diabetes.
2. Investigate the role of complex insulin regimens in the treatment of diabetes.
3. Discuss the role of lipid dysfunction in diabetes.
4. Explain the role of outcome measures and quality improvement programs in the treatment of diabetes.
5. Review issues in caring for the diabetic foot.
6. Describe the treatment of renal complications related to diabetes.
7. Identify the importance of treating erectile dysfunction in patients with diabetes.
8. Identify laboratory data needed to treat patients with diabetes.
9. Recognize evidence-based nutritional issues in diabetes management.
10. Examine eye pathology associated with diabetes.
11. Describe the role of self-efficacy in diabetes self-management
12. Discuss cultural issues affecting diabetes self-management.

For additional information, call:

Jackie Milch at 813-972-2000, extension 6349 or

Connie Malik, at 813-972-2000, extension, 7025 or

Rosalie Parrillo, at 813-972-2000, extension 6221

If you are traveling from a distance and will require overnight accommodations, the Embassy Suites is offering a discount rate for VA employees of \$109.00/night. Please call the hotel directly.

Registration for Breakout Sessions

You will be asked to select one breakout session (A, B, C) for both times of the afternoon sessions. Please identify first, second, and/or third choices. We will make every effort to place you in the requested workshop depending on availability.

If you are a VA employee, please be aware that tuition reimbursement for this program may not be available. The fees are to defray the costs of this extensive two-day conference.

Credits offered for Scientific Poster Sessions per your discipline.

FACULTY

Joshua Bernard, D.P.M.
Chief of Podiatric Services/ Surgical Service
James A. Haley Veterans' Hospital

H. James Brownlee, MD
Professor and Chairman
Department of Family Medicine
University of South Florida College of Medicine

Douglas Covey, Pharm.D., FCCP, MHA
Clinical Pharmacist/Department of Pharmacy
James A. Veterans' Hospital

Claude Cowan, MD
Chief, Ophthalmology
VAMC
Washington, DC

Philip Foulis, MD, MPH
Associate Director of Laboratories
James A. Haley Veterans Hospital

Marion Franz, MS, RD, CDE
Nutrition Concepts by Franz, Inc.
Minneapolis, MN

Joan Lorenz, MSN, RN, CS
Staff Development
Patient/Family Health Education Coordinator - Ambulatory Care
James A. Haley VA Hospital

Connie Malik, MA, RD, LD/N, CDE
Nutrition and Food Service Department
James A. Haley VA Hospital

Jennifer Marks, MD
Chief, Department of Endocrinology
Miami VAMC
Assistant Professor, University of Miami
Miami, Florida

Eugene McColgan, PT, CCS
Program Director, Cardiac Rehabilitation
James A. Haley VA Hospital

Patricia Mossop, MD
Department of Medicine
James A. Haley VA Hospital

Jacqueline Milch, ARNP, CS, BC/ADM, CDE

Diabetes Nurse Practitioner
James A. Haley VA Hospital

Virginia Nodhturft, Ed.D
Associate Chief Nursing Service/Education
James A. Haley VA Hospital

Rosalie Parrillo, MSN
Diabetes Nurse Educator
James A. Haley Veterans Hospital

Thakor Patel, MD
Chief, Renal Disease
Veterans Health Administration
Washington, DC

Leonard Pogach, MD
National Program Director, Diabetes
VA New Jersey Health Care System
East Orange, New Jersey

Richard J. Schrot, MD
Associate Professor of Family Medicine
University of South Florida College of Medicine
Tampa, Florida

Joseph M. Shurina III
Registered Dental Hygienist
Commissioned Corps Officer, USPHS
Community Dental Hygienist
U.S. Public Health Service
Ft. Belknap, MO

David Vesely, MD, PhD, FACP, FACE
Director, Department of Endocrinology
James A. Haley VA Hospital

Franklin Zieve, MD
Chief ACOS for Research
Department of Endocrinology
Richmond VAMC
Richmond, VA

CONTINUING EDUCATION CREDITS

Medicine: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the West Palm Beach VA Medical Center and the James A. Haley VA Hospital. The West Palm Beach VA Medical Center is accredited by the Florida Medical Association to provide Continuing Medical Education for physicians. The West Palm Beach VA Medical Center designates this activity for a maximum of 13 hours in Category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. West Palm Beach VA Medical Center administers its educational programs without regard to race, color, religion, sex, national origin, handicap or Vietnam era or disabled veteran status. (Title IX of the Education Amendments of 1972 specifically prohibits discrimination on the basis of sex.). In accordance with Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, all faculty participation in these programs are expected to disclose to the program audiences any real or apparent conflict of interest related to the content of their preparation.

Pharmacy: The James A. Haley Veterans Hospital is approved by the Accreditation Council on Pharmacy Education (ACPE) as a provider of continuing pharmaceutical education.



This program has been approved for 13.5 credit hours (1.35 CEU's) of continuing education credit. ACPE program 609-999-03-017-L01_ There is a tuition charge for the program for JAHVAH provider of continuing pharmaceutical education. This program has been approved for 13.5 credit hours (1.35 CEU's) of continuing education credit. ACPE program 609-999-03-017-L01_ There is a tuition charge for the program for JAHVAH employees. Because it is the policy of the JAHVAH to provide an unbiased, fair and balanced approach to continuing education, education grants by pharmaceutical companies, if any, are provided with the understanding that the JAHVAH has complete control over the determination of topic, faculty and content. In addition, faculty is asked to indicate if they have any relationships, which, in the context of their presentation could be perceived as a real or apparent conflict of interest (such as honoraria). Any such relationships and potential implications will be disclosed to the audience.

Nurses: This program has been approved for 15 contact hours by the Florida State Board of Nursing under provider number FBON Provider Number 3210. The James A. Haley Veterans' Hospital is accredited as a Provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

Dietitians: Certificate of completion provided for submission to the American Dietetic Association for the Portfolio Plan. This program has been submitted for prior approval from the American Dietetic Association.

Psychology: The James A. Haley Veterans Hospital APA accredited psychology internship program is approved by the State of Florida to offer continuing education credits for Florida licensed psychologists.

This program has been approved for 12 CEU hours.

Social Work: The James A. Haley Veterans Hospital is approved by the Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling as a provider of

continuing education, provider number BAP 268. This program has been approved for 12 CEU's.

Program Outline

Day One

7:30-8:00	Registration
8:00-8:15	Welcoming Remarks <i>Elwood Headley, MD</i>
8:15-9:05	Saving Kidneys, Saving Lives <i>Thakor Patel, MD</i>
9:15-10:05	Designer Insulins: Intensive Therapy <i>Douglas Covey, Pharm.D.</i>
10:05-10:25	Break, Scientific Poster Sessions and Exhibits.
10:25-11:15	Quality Matters in the VA: Meeting Goals <i>Leonard Pogach, MD</i>
11:25-12:15	Insulin Resistance: Does Dietary Composition Make A Difference? <i>Marion Franz, MS, RD</i>
12:15-1:30	Lunch, Scientific Poster Sessions and Exhibits

BREAKOUT SESSIONS (Concurrent)

1:30-3:00	A) Personalizing Fitness Goals: How Are You Shaping Up? <i>Gene McColgan, PT, CCS</i> B) Complex Diets for Complex Patients <i>Connie Malik, MA, RD, LD/N</i> C) Pumping: Putting Out Diabetes Fires <i>Rosalie Parrillo, MSN</i>
3:00-3:15	Break, Scientific Poster Sessions and Exhibits
3:15-4:45	A) Self-Efficacy in Successful Self- Management of Diabetes <i>Joan Lorenz, MSN</i> <i>Virginia Noddturft, Ed.D.</i> B) Complex Diets for Complex Patients (Repeat) <i>Connie Malik, MA, RD, LD/N</i>

C) Treating the Hypers to Goal: Hyperlipidemia, Hyperglycemia, HTN.
Richard Schrot, MD

4:45-5:00 Evaluations

Program Outline

Day Two

7:30-8:00 Registration

8:00-8:50 Metabolic Syndrome: Why Care?
Franklin Zieve, MD

9:00-9:50 The Diabetic Eye: Preventing Loss
Claude Cowan, MD

9:50-10:10 Break, Scientific Poster Sessions and Exhibits

10:10-11:00 The Deadly Duo: Diabetes and CAD
Jennifer Marks, MD

11:00-11:50 Treating ED: Pills, Injections, Pumps?
Herbert Brownlee, MD

11:50–1:00 Lunch, Scientific Poster Sessions and Exhibits

BREAKOUT SESSIONS (Concurrent)

1:00-2:15 A) Diabetic Feet: Treatment Challenges
Joshua Bernard, DPM

 B) Strategies for the Treatment of Type 2 Diabetes
David Vesely, MD, PhD, FACP, FACE

 C) Laboratory Values: What's First?
Philip Foulis, MD, MPH

2:15-2:30 Break: Scientific Poster Sessions and Exhibits

2:30-3:45 A) Oral Health and Diabetes Care: More
 Than Dentures
Joseph M. Shurina, III

 B) Diabetes Management in Primary Care: Treating Complex Patients on the
 Run.
Jackie Milch, ARNP

 C) HIV and Diabetes: Dueling Diseases **
Patricia Mossop, MD
 ** *Meets criteria for HIV mandatory hours*

3:45-4:30

Scientific Poster Sessions and Evaluations

REGISTRATION INFORMATION

Pre-registration is required, and space is limited.

Registration must be received by April 2, 2004.

Fees for this course are as follows:

Non-VA Staff Conference Fee: \$100.00

VA Staff: \$60.00

Full Time Student (proof required): \$25.00

At Door Registration (all participants): \$125.00

Walk-in will be accepted if space allows.

Registration fee includes continental breakfast, lunch, breaks, and a course syllabus for both days.

Make checks payable to: Dept. of Veterans Affairs. NO REFUNDS.

To obtain credit you must attend all lectures and workshops. Partial certificates of credit will not be available to pharmacists. A certificate for CE credit will be mailed to you within 6 weeks of the program.

REGISTRATION INSTRUCTIONS:

Please tear off the following sections and mail registration form with payment to:

Connie Malik, MA, RD, LD/N, CDE

James A.Haley Veterans Hospital

Mail Code 120

13000 Bruce B. Downs Boulevard

Tampa, FL 33612

CALL FOR ABSTRACTS:

Contact Philip Foulis, MD, MPH

Philip.Foulis@med.va.gov

BREAKOUT SESSIONS

Please indicate your first, second and third choice for the two days of workshops.

Day One

- | | | |
|-----------|---|-----|
| 1:30-3:00 | A) Personalizing Fitness Goals: How Are You Shaping Up?
<i>Gene McColgan, PT, CCS</i> | [] |
| | B) Complex Diets for Complex Patients
<i>Connie Malik, MA, RD, LD/N</i> | [] |
| | C) Pumping: Putting Out Diabetes Fires
<i>Rosalie Parrillo, MSN</i> | [] |
| 3:00-3:15 | Break: Scientific Poster Sessions and Exhibits | |
| 3:15-4:45 | A) Self-Efficacy in Successful Self-Management of Diabetes
<i>Joan Lorenz, MSN</i>
<i>Virginia Nodburft, Ed.D</i> | [] |
| | B) Complex Diets for Complex Patients (Repeat)
<i>Connie Malik, MA, RD, LD/N</i> | |
| | C) Treating the Hypers to Goal: Hyperlipidemia, Hyperglycemia, Hypertension
<i>Richard Schrot, MD</i> | [] |

Day Two

- | | | |
|-----------|---|-----|
| 1:00-2:15 | A) Diabetic Feet: Treatment Challenges
<i>Joshua Bernard, DPM</i> | [] |
| | B) Strategies for the Treatment of Type 2 Diabetes
<i>David Vesely, MD, PhD.</i> | [] |
| | C) Laboratory Values: What's First?
<i>Philip Foulis, MD, MPH</i> | [] |
| 2:15-2:30 | Break: Scientific Poster Sessions and Exhibits | |

- 2:30-3:45 A) Oral Health and Diabetes Care []
Richard Sbarina, Registered Dental Hygienist
- B) Diabetes Management in Primary Care: Treating Complex Issues On the Run []
Jackie Milch, ARNP
- C) HIV and Diabetes: Dueling Diseases []
Patricia Mossop, MD
*** Meets criteria for HIV mandatory hours*
- 3:45-4:30 Scientific Poster Sessions and Conclusions

Registration Form: Diabetes: Pearls for Practice/Annual Update
Thursday and Friday, May 6 and 7, 2004

Please return this form with payment.
We will confirm by email

PLEASE PRINT OR TYPE THE FOLLOWING

Name_____

Employer_____

Position/Title_____

Circle one:

Physician PA ARNP Pharmacist Dietitian Social Worker Psychologist

Other (write in)_____

SSN_____

Prof.License #:_____

Address_____

City_____ State_____ Zip_____

Email address_____

Telephone #: Home:_____

Telephone #: Business_____

Note: Mail your completed registration to:

Connie Malik, MA, RD, LD/N, CDE

James A.Haley Veterans Hospital

Mail Code 120

13000 Bruce B. Downs Boulevard

Tampa, FL 33612

Email registration will be accepted, and will be confirmed once your check has been received.

Contact Embassy Suites directly for room reservations.